

## Flexible Spending Eligible Over The Counter items

### ANTISEPTICS

Antiseptic Wash/ointments for cuts/scrapes  
Benzocaine Swabs  
Boric Acid Powder  
First Aid Wipes  
Hydrogen Peroxide  
Iodine Tincture  
Rubbing Alcohol  
Sublimes Sulfur Powder

### ASTHMA MEDICATIONS

Bronchodilator/Expectorant tablets  
Bronchial Asthma Inhalers

### COLD, FLU & ALLERGY MEDS

Allergy Medications  
Cold Relief Syrup  
Cold Relief Tablets  
Cough Drops  
Cough Syrup  
Flu Relief Tablets/Liquid  
Medicated Chest Rub  
Nasal Decongestant Spray or drops  
Nasal Strips to improve congestion  
Sinus & Allergy Homeopathic nasal spray  
Sinus Medications  
Vapor Patch Cough Suppressant

### NOT ACCEPTABLE

Aromatherapy  
Baby Bottles/Cups  
Baby Oil  
Baby Wipes  
Eye Drops  
Breast Enhancement System  
Cosmetics  
Cotton Swabs  
Dental Floss  
Deodorants  
Facial Care  
Fragrances  
Hair Regrowth  
Low "Carb" Foods  
Low Calorie Foods  
Oral Care  
Petroleum Jelly  
Shampoo/Conditioner  
Skin Care  
Spa Salts  
Sun Tanning Products  
Tooth Brushes

### DIABETES

Diabetic Lancets  
Diabetic Supplies  
Diabetic Test Strips  
Glucose Meters

### EAR/EYE CARE

Airplane Ear Protection  
Ear Drops for Swimmers  
Ear Water Drying Aid  
Ear Wax Removal Drops  
Homeopathic Earache tablets  
Contact Lens Solutions

### HEALTH AIDS

Antifungal Treatments  
Diuretics and Water Pills  
Hemorrhoid relief  
Incontinence Supplies  
Lice Control  
Medicated Bandages  
Motion Sickness Tablets  
Respiratory Stimulant ammonia  
Sleeping Aids

### PAIN RELIEF

Arthritis Pain Reliever  
Throat Pain Medications  
Bunion & Blister Treatments  
Itch relief  
Orajel  
Pain Relievers, Aspirin and Non-Aspirin

### DUAL USE - REQUIRES DOCTOR LETTER

Adhesive or Elastic Bandages  
Blood Pressure Meter  
Cold or Hot Compresses  
Denture Adhesive  
Foot Spa  
Gauze and Tape  
Herbs  
Leg or Arm Braces  
Massages  
Minerals  
Multi-vitamins  
Saline Nose Drops  
Special Supplements  
Special Teeth Cleaning System  
Thermometers  
Vitamins

### PERSONAL TEST KITS

Cholesterol Tests  
Colorectal Cancer Screening tests  
Home Drug Tests  
Ovulation Indicators  
Pregnancy Tests

### SKIN CARE

Acne Medications  
Anti-itch Lotion  
Bunion & Blister Treatments  
Cold Sore/Fever Blister medications  
Corn & Callus Removal medications  
Diaper Rash Ointment  
Eczema Cream  
Medicated Bath Products  
Wart Removal Medications

### STOMACH CARE

Acid Reducers  
Antacid Gum  
Antacid Liquid  
Antacid Tablets  
Anti-Diarrhea Medications  
Gas Prevent Food Enzyme dietary supplement  
Gas Relief Drops for Infants and Children  
Ipecac Syrup  
Laxatives  
Pinworm Treatment  
Prilosec  
Upset Stomach Medications

### SUBMIT ON A SECTION 125 REIMBURSEMENT FORM ALONG WITH ORIGINAL SALES RECEIPT

Plan restrictions may apply.  
Check with your plan administrator.