

## 7<sup>th</sup> Grade Physical Education Recommended Activities

Content Code	MDE Expectation	Unit of Instruction	Associated Activities & Assessments (where possible)
	<b>MOTOR SKILLS AND MOVEMENT PATTERNS</b> <b>Movement Concepts</b>		
	<b>Motor Skills</b>		
	<b>Manipulative</b> <i>Students will...</i>		
M.MC.07.04	demonstrate mature form of the manipulative skills of catch, kick, foot dribble, and strike with hand and implements in controlled settings.	BASKETBALL	<b>Activities:</b> BASKETBALL – Passing drills for catching skill  <b>Assessment:</b>
M.MC.07.05	demonstrate selected elements of the mature form of the manipulative skills of chest pass, bounce pass, hand dribble, volley, and punt in controlled settings.	BASKETBALL	<b>Activities:</b> BASKETBALL –Passing drills and dribbling drills  <b>Assessment:</b>
	<b>Invasion Games</b> <i>Students will...</i>		
M.IG.07.01	demonstrate selected off-the-ball tactical movements (e.g., maintaining possession, attacking goal, creating space, using space in attack), preventing scoring (e.g., defending space, defending goal), and starting/restarting play during modified invasion games (e.g., small-sided games, such as 4 vs. 4).	BASKETBALL	<b>Activities:</b> BASKETBALL 3 on 3 and 4 on 4 games  <b>Assessment:</b>
M.IG.07.02	demonstrate selected on-the-ball tactical movements of scoring (e.g., passing, receiving, shooting, attacking the goal, creating and using space), preventing scoring (e.g., defending space, defending goal, winning the object), and starting/restarting game play (e.g., to initiate play or from sideline) during modified invasion games (e.g., small-sided games, such as 4 vs. 4).	BASKETBALL	<b>Activities:</b> BASKETBALL 3 on 3 and 4 on 4 games  <b>Assessment:</b>
	<b>CONTENT KNOWLEDGE</b>		
	<b>Feedback</b> <i>Students will...</i>		
K.FB.07.01	apply selected internal (prior knowledge) and external feedback to improve motor skills and movement patterns, fitness, and physical activities in controlled settings.	ALL UNITS	<b>Activities:</b> ANY UNIT Task cards, journaling and question and answer  <b>Assessment:</b>
	<b>Movement Concepts</b> <i>Students will...</i>		
K.MC.07.15	apply knowledge of selected movement concepts while performing non-loco-motor, loco-motor, and manipulative skills during participation in target, net/wall, invasion, and striking/fielding in modified games and outdoor activities in dynamic settings.	ALL UNITS	<b>Activities:</b> ANY UNIT Demonstrate verbally and/or physically age appropriate knowledge of skills  <b>Assessment:</b>



*The activities listed are recommendations. The P.E. Curriculum team left this document general enough to allow for schools to add their activities & resources/assessments. NOTE: Many ASSESSMENTS were left blank intentionally for districts to include their own.*