



Genesee Intermediate School District

SAGINAW ISD



Michigan Model for Health®: Grades 7-12

Description This workshop will focus on all the seventh through twelfth grade health themes in the Michigan Model, including the new Tobacco Module along with Nutrition, Physical Activity, Substance Abuse, Violence, and more.

Outcomes Participants will:

- Connect the implementation of school health education to Michigan’s Health Education Content Standards and Grade Level Expectations.
- Create an understanding of philosophy and goals of the Michigan Model.
- Develop a comfort level for using the curriculum manual.
- Disseminate current and accurate health content knowledge.
- Preview instructional materials used in the curriculum.

7-8 Training Modules include:

- *All Bets are Off!*
- *A Winning Team: Healthy Eating and Physical Activity (2009)*
- *Building Character Through Service Learning*
- *Choosing Who I Am, Choosing Who I Become*
- *Protect A Friend: Share Your Skills*
- *Take Control of your Sun Exposure*
- *The Power is Yours to Be Tobacco Free (2008)*
- *The Two R’s for Stopping Assault and Preventing Violence*

9-12 Training Modules include:

- *Building Character in Ourselves and Our Schools*
- *Building Character Through Service Learning*
- *Don’t Bet on It!*
- *Help Yourself to Good Nutrition (2007)*
- *Look Young and Stay Healthy - Your Choice*
- *Managing Conflicts and Preventing Violence*
- *Managing Life in a Less-Than-Perfect World (Alt. Ed programs)*
- *Staying Physically Active for Life*
- *Teens Campaign Against Tobacco*
- *Teens Voice Solutions to Alcohol*

Dates December 2, 2009 **OR** December 3, 2009

Time 8:00 a.m. registration and continental breakfast
8:30 a.m. – 3:00 p.m. Training

Location Bavarian Inn Restaurant, 713 Main Street, Frankenmuth, MI 48734

Audience 7-12th grade health education teachers

Cost In Consortium - Free
Non-Consortium and Out-of-District \$50 (includes materials and meals)

Credit SB-CEUs or SVSU, upon application approval

Questions *Event:* Contact Pam Sook at sookp@baisd.net or 989.667.3262
Registration: Contact Erika Rupert at ruperte@baisd.net or 989.667.3280

Registration Go to: www.baisd.net
Select: Professional Development Link
View: By Alpha (Workshop Title)
Complete registration process